



2x2 and 4x4 Summer Volleyball

WAYS TO PLAY:

1. Juniors Pick-Up Nights– Come to Avon Crest Park in Niskayuna and play pick-up volleyball from 5pm till dark against other juniors. It's free to play and nets and balls are provided. Bring a partner/teammate if you have one or let us know you need one and we'll try and match you up on site. **Please email us if you plan to attend at tim@ocdvolleyball.org.**

Our pick-up nights include:

Tuesday 6/21/11	Wednesday 7/20/11
Tuesday 7/5/11	Tuesday 8/2/11
Thursday 7/14/11	Thursday 8/11/11

2. Juniors Tournaments – We have 5 tournament weekends this season featuring the following competition formats: Men's / Women's 2x2 (Saturdays) and Coed 2x2 (Sunday). All our tournaments are held at Collins Park in Scotia, NY and sanctioned by USA Volleyball. We offer adult and junior levels for both days. See our website for pricing. Our tournament dates include:

<u>Men's / Women's 2x2</u>	<u>*Coed 2x2</u>
Saturday 6/11/11	Sunday 6/12/11
Saturday 7/9/11	Sunday 7/10/11
Saturday 7/23/11	Sunday 7/24/11
Saturday 8/20/11	Sunday 8/21/11
Saturday 9/10/11	Sunday 9/11/11

*Played on women's height net, men jump behind 10-ft line

3. 4's League – In our fourth year of running a very popular 4x4 grass league each Wednesday in Collins Park from June 22 - August 31. The league features four different levels of competition – Advanced, Intermediate, Competitive-Rec, and Juniors. See our website for league signup.

To participate in any OCD Volleyball sanctioned event above, players must be registered with USA Volleyball (USAV indoor membership does cover you). Review our website for more details.

WWW.OCDVOLLEYBALL.ORG

I WENT TO YOUR SITE, BUT STILL HAVE QUESTIONS:

Email Tim Stewart – tim@ocdvolleyball.org or call: 518-229-6689